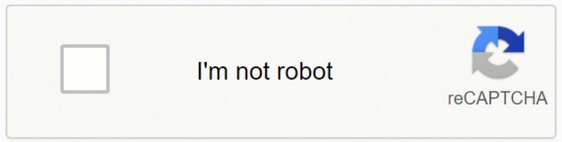

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What are the principles of success

There are key principles to success, which if followed properly will allow you to take your life to a new level. Eighty percent of success in anything is psychology and twenty per cent is mechanics. You have to get your mind right if you are going to succeed in any endeavour that you undertake. Your psychology must be in sync with your goals. Below I will outline five key principles that will provide you with lasting change if you apply them in the correct manner. Change does not come about by just reading success material and then hoping for a miracle to occur, true change comes about from taking daily action in order to develop yourself into the right individual. Success is about becoming the best that you can possibly be, may these principles help you to be the best you and take your life to a whole new level. If you want to see lasting change you have to change your identity of who you are within yourself. So many people have so many things that they should and would like to do but they never seem to get them done, they never allocate the time, money and resources to do what they truly want to do with their life because they are busy doing all of those minor things in life, like watching countless hours of TV, playing video games, watching hours of entertainment online, chit chatting, and doing nothing. You have to change your shoulds into things that you must do, have a must list, and hold yourself to a higher standard and get them done within a reasonable time frame. No more of this ordinary standards of leaving your dreams to the sidelines, let them take center stage in your life. Action To Take: Make a MUST list, things that you must complete in the next 6 months. People who are serious about success do whatever it takes, they find a way or they make a way. No excuses, if you want to take your life to a new level do what needs to be done no matter what. “If you want to change your life you have to raise your standards.” Tony Robbins “If you really want to do something, you’ll find a way. If you don’t you’ll find an excuse.” Jim Rohn Change Your Limiting Beliefs Your beliefs are what control your life. They can help you to take action or confine you to a life of mediocrity. You must rid yourself of the limiting beliefs that you hold within yourself and think only thoughts that are aligned to the achievement of your goals. Believe in yourself and take action. Fears and doubts are inner conflicts that paralyze people from taking action on what they want as they perceive a negative outcome, expect success, be optimistic, and act as if it is impossible to fail. When everything inside of you is in total alignment with what you want, there are no limitations, there will be a higher level of certainty that propels you to take action on a consistent basis. Action To Take: Make a list of the top ten limiting beliefs that you have about yourself on a piece of paper, on the left hand side, then on the right put the heading action, for each limiting belief that you have, write a positive affirmative statement and list an action or actions that you must take in order to banish those beliefs that you hold within yourself, as action and positive affirmations breed confidence within yourself and helps you grow stronger mentally. “Your beliefs pave your way to success or block you.” Marsha Sinetar “The only limits are those that we impose upon ourselves.” ATGW Model Strategies That Work Emulate those who have taken the path less travelled, success leaves clues. Emulate those who have succeeded and are living life how you would like to live it. There is no need to reinvent the wheel, what works for others will also work for you. Learn and implement the strategies that produce the results that you seek. By using other people’s success tactics you will cut out years of trying to figure out how to become successful. Action To Take: Identify the people whom you most resonate with in terms of how they live their life and learn from them, study them and identify what they do on a daily basis and start to do those things which they do so that you will get the same results as them. “Success leaves clues, if you want to be successful, find someone who has achieved the results you want and copy what they do.” Tony Robbins “Do what successful people do so that you may attain success.” ATGW Get serious about success, you must get mad within yourself that you will not allow any of life’s roadblocks or setbacks to stop you from becoming the person that you can ultimately become. Stumbling blocks are a part of everyone’s life, trying times come to us to test us and see what we are truly made of, some choose to cower aware mentally, the ones who succeed are the ones who stand up within themselves and resolve to do whatever it takes. Think of how life will be If you don’t become successful, to be confined to living a life of mediocrity, now that is a cause for concern, get focused emotionally on where you want to go and do what needs to be done. Action To Take: Emotionally prepare yourself for life’s setbacks and detours, know that you are stronger than you perceive yourself to be, life is a battle, and the mentally strong are the ones who ultimately win. Become emotionally focused on living the life of your dreams, have the dream in mind and you will be ecstatic every single day to put in the work so that you can take your life to wherever you want it to go. “The key to success is to keep growing in all areas of life – mental, emotional, spiritual, as well as physical.” Julius Erving “Get emotionally attached to your dreams and goals; see yourself living the life of your dreams.” ATGW Give Much More Than You Expect To Receive Providing value to those that you serve is the key to success, each day you should be helping to make a positive impact on society. The one who gives more ultimately receives more. If you help others prosper you shall prosper too. It is a law of prosperity. If you help others rise up from the depths of mediocrity your life be elevated to greater heights in the process. Action To Take: In all that you do think of how you are contributing to those that you are serving and how much value you are giving them. Be a person who adds value to other people’s lives abundantly with your work. Help as many people as you possibly can so that they can take their life to the heights of greatness. “He who serves the most, reaps the most.” Jim Rohn “We make a living by what we get, but we make a life by what we give.” Winston Churchill Success can be defined in many ways; it can be happiness for one person and wealth for another. It can be peace for one and respect for another. Everyone can define success in their own way, but in general, it is a feeling of satisfaction and happiness. Throughout life, we have a hunger to achieve greatness. The more we achieve the better life becomes. There are plenty of opportunities in this world. If you have a dream to succeed and achieve something special in this life, you need to put in the work, because without action, nothing is possible. The majority of people only dream to succeed, while a small minority work hard to achieve their dreams. To attain success, you need to sacrifice many things, this is how the successful people in this world achieved their greatness. We need to understand how to achieve success. To do this, we need to break down what success means. The best way to do this is by understanding and analyzing successful people. Successful people in this world emulated and followed the footsteps of other successful people. For example, there is a pattern with successful people. Many successful people wake up early. They spend their time wisely throughout the day, reading and gaining knowledge. This is key to success, while keeping a good balance in life is also vital in achieving success. Quotes On Success “Success is walking from failure to failure with no loss of enthusiasm.” Winston Churchill “If you really look closely, most overnight successes took a long time.” Steve Jobs “The way to get started is to quit talking and begin doing.” Walt Disney “The successful warrior is the average man, with laser-like focus.” Bruce Lee “If you really want to do something, you’ll find a way. If you don’t, you’ll find an excuse.” Jim Rohn 5 Great Pointers On Achieving Success Follow Your Passion Success does not come overnight, it takes a lot of hard work and passion to reach the desired goal and dream. It requires strong dedication, hard work, constant improvement, and sometimes luck. If you are not doing what you love, then you are bound to give up and fail. Only those who have a great passion for something they love, will continue, and strive hard to move on and achieve greatness. It should be something you are willing to sacrifice and dedicate your life to. Every day, every week, and every hour of the day should be dedicated to achieving your goals and dreams. Find The Correct Balance Life is all about finding the right balance. When you find the right balance, only then will you see success around you and within you. Balance your time, spend time with your family and friends. Allocate time to achieving your goals and targets. Look after your health, exercise, and eat well. Life is all about finding a balance. Do not sacrifice one thing for another. It is important to find the right balance in life. Establish A Routine Routines are vital when you are trying to succeed. We are taught from a young age the importance of keeping a good routine in life because without a routine you will be a mess and it will become harder for you to do well in achieving your goals and targets. For example, people who have a job, working for a company, these companies have strict routines in place. The reason for this is so that the company performs well and becomes more successful. Even in our daily lives, without routine we will be all over the place. It is proven that a person who has no routine in life, is a person who is very lazy, a time waster and someone who has no goals and ambition in life. Therefore, we should strive to have good routines in our life, as this will lead us to have a better life. Learn From Your Mistakes Successful people have failed many times. It is inevitable unless you are an extremely lucky person, where everything works out for you. But, when starting off, the first few steps are the hardest. Many people who have achieved great things have failed on many occasions. There are many obstacles in front of you that blocks you from reaching the next stage of success. For example, there are many entrepreneurs who have failed in many businesses, until that one business that has made them successful. Without failures and mistakes, we as humans will never learn, therefore make as many mistakes as you can, as these mistakes will lead you to gain more experience and knowledge in achieving your goals and dreams. Find Support And Resources Find yourself a mentor, you need someone who can point you in the right direction to achieve greatness. With the correct help and support, you can achieve even better than you would do by yourself. If a mentor is not available, try reaching out to others in your field. Find people who have already achieved what you plan to achieve, and try and get as much information from them as possible so that you can reach that level of success one day. Networking is important to become successful and bigger in what you are trying to accomplish. Reaching out to people will allow you to grow further. It will allow you to find out information that you did not even know you needed. Therefore, speaking out and finding the right support and resources will push you to the next level. Summary To summarize, to achieve success, you must be wise and bold. A person who does not try and is lazy in life will go nowhere. You cannot just dream and expect everything to fall perfectly in front of you. You must work hard to get results. We should analyze those who have achieved greatness, by following in their footsteps. Only then can we crawl, walk, and then achieve our own success. Remember, success does not come overnight, it begins with baby steps, and when you are established, you will see the greatest successes. How To Switch To Self-Love – Your Secret SuperPower from Ralph Smart of Infinite Waters (Diving Deep). This was an excellent talk about the importance of self-love and it’s relevance to success. Take this information and implement it so that you can live life a life of self-love. 1. Self-love is the secret gateway to becoming your greatest version. 2. Without self-love you won’t go far. 3. Self-love has changed my life in a phenomenal way. It’s helped me connect with millions of people living infinite abundance. 4. And there was a time when I didn’t love myself, look, nobody teaches us how to love ourselves, why it’s important to love ourselves, what are the benefits of loving yourself. No, they don’t teach you that, that’s why a lot of us are really confused. 5. Practicing the art of self-love is a lifelong process. I mean every single day. 6. And it starts with this, stop caring what other people think. 7. We want to be accepted so therefore we spend our whole entire lives trying to conform to other people’s standards instead of creating our own. 8. Other people’s beauty standards. Their body standards – I want to look like that Ralph, it’s not fair. 9. So, what helped me along my journey was to stop trying to live by other people’s standards. 10. Instead, I had to learn how to live by my own standards and you do this simply by surrendering, it’s not about competing – I want to be like them, that’s a disrespect towards yourself. 11. You want to become your greatest version, your, not me, for you. Do it for you. Right, and it’s such a weight off your shoulders. 12. I just started to realize I’ve got to start creating my own standards. Living in my own standards of beauty. Accepting my body how it is, the shape of my face. I love it all. And that’s how to begin to love yourself. 13. Stop trying to fit in when you were born to stand out. 14. Ok, how many weird people do you know? That is how to switch to self-love. Weird people aren’t weird, that’s just what we call them. Weird people are unique. That’s why they stand out. 15. And have you ever noticed that when you find someone who is very unique, it almost allows you to be yourself? You feel comfortable around them because you’re like they’re so weird well I’m going to be weird anyway. Then you fall into the true authentic you. 16. Spend time with unique people who don’t care about copying other people, they are original, they love who they are 100%. And I do it all the time, I meet a lot of very very weird people every single day, well, I’m Diving Deep and it’s beautiful. 17. I have to always honor my uniqueness. You won’t find another Infinite Waters, if you do, they’re a clone. 18. When we talk of Self-love, I’ve realized this that you’ve got to go to the place where you find your greatest power, that’s what helped me along my journey. 19. I realized, for a long time I was living a very very harmful lifestyle because I wasn’t practicing self-love, I wasn’t doing what I love every single day, I was in the wrong environment, the wrong friends, I was following the wrong crowd. If you’re doing all of that it’s going to be very hard to love yourself 20. But when you go to the place where you find your greatest power. Skate every day like me. You’re in the seat of your power, you are in the throne. Whether you be a makeup artist or scientist, you do that every single day, go into the lab, you are in the seat of your power. That’s how to practice the art of self-love. 21. You go to the place of your greatest empowerment every single day. I’m always in nature. I’m in the art gallery. I’m doing what I love. I get to wake up and do whatever I want and live in infinite abundance. You think I’m complaining? 22. You can’t love other people until you love yourself. And not caring what other people think is the greatest form of self-love. The above information was just over 7 minutes of the video. This is amazing information from Ralph. Check out the full video: Many people believe that a successful life is just a matter of luck, and leave everything to their destiny to decide whether or not they will be successful. On the other hand, what many people are unaware of is that successful people have certain habits that separate them from ordinary people. These people are more aware of their strengths and weaknesses. They are self-conscious and know how to turn a losing moment into a winning moment. They are motivated, disciplined and consistent. Above all, they are not made through just a matter of luck. Here are five powerful things successful people do differently. 1. Turn Their Passion Into A Full-Time Profession It’s obvious that if you are doing the things that you don’t love you soon get fed up with your work and fail to give your maximum at your workplace. You will be less focused, procrastinate more, feel tired, make more excuses and hence your input will reflect your output. Successful people do what they love. They give priority to their interests over wealth or respect. Almost all the artists, sportspersons and entrepreneurs are underpaid at first. No matter how bad the circumstances, they worked consistently and devoted their heart and soul into their work. They looked for ways to increase their revenue and transformed their passion into a full-time profession. If you want to be successful, give priority to your passion and think of ways to make it your full-time job. Then you will be happier and have a more meaningful life. 2. Setting Priorities Millions of people fail every year not because they do not have aspirations but because they fail to set priorities. They try to do a lot of things at once, rather than focusing on one important task. They are brilliant at achieving not-so-important goals, and poor at reflecting on the necessary task. Successful people think otherwise. They cut-off all the distractions and pick the toughest task first. They work outside their comfort zone to complete the difficult tasks. 3. Continuously Reinforce The Foundation Every profession has some key skills which form the foundation. If the skills are not harnessed continuously, it will affect your whole business career. Successful people are smart enough to find the key skills of their profession and spend the maximum amount of time and money in developing those areas. They read books, attend seminars, and meet like-minded people. Some top performers also hire a coach to become exceptionally good at what they love to do. To get the maximum output you can follow the 3% rule of investment. The rule says that if you spend 3% of your income in self-education, you will see yourself outperforming 90% of the people around you. 4. Goal Setting Everyone talks about goal setting. Why is it so? Because it’s a roadmap. If you do not know how to reach your destination then most certainly you will never be able to reach it. Goal setting works as a roadmap to success, and it’s the common trait that all successful people follow. Here are the phenomenal benefits of goal setting. You’ll have a clear vision on what to do today, tomorrow, and next month if you already know about your destination in detail. Clarity in decision-making abilities. You will start finding new ways to reach your goals in the minimum amount of time and money. Studies have shown that reviewing your goals every day improves motivation in an unexpected way. People who have goals have a high self-image of themselves. High self-image results in increased productivity and confidence. Goal setting leads to a more meaningful life. 5. Dealing With Uncertain Moments Where people are afraid of taking risks, successful people not only take risks but also develop their risk-taking muscle within themselves so that they can fight against the uncertain moments (fight or flight). A successful life is not determined through massive luck but through the courage to take big risks. Challenges and opportunities come along with a certain amount of risk. While ordinary people avoid risk due to ‘fear of failure’, successful people continuously overcome one uncertain moment after another to achieve personal and professional excellence. Conclusion The biggest enemy or obstacle on your path to success is a negative mindset or the perception that you need to be born into wealth, and extremely lucky. Well, that is not the case. Most successful people are not born into wealth or born lucky. They tried new things, made mistakes, learned and made their way through the journey to success. If you want to be successful, make sure that you are doing what you love, setting priorities and removing clutter and distractions from your everyday life, enhancing your key skills, setting clear and in-detailed goals, taking risks and dealing with uncertain moments with a positive mindset. What’s your mindset towards a successful life? Share your views in the comments below.

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